









### PROMOTING RUGBY FOR ALL

September 2019

### Dear Parent/Guardian

I am writing to inform you of the exciting Rugby course that will be running during the October half term at Warden Park Academy. **Pro-Star Rugby** will be running the course in conjunction with Mr Gentry, Mr Heaton, Mr Chappell and Mr C Turner of Warden Park Academy, Hurst College and Sussex Downs College. The course will run from **Tuesday 29th to Thursday 31st October.** 

Students can attend on individual days if they are unable to attend the full week. I anticipate that the course will be extremely popular and there are only 20 places available. Places will be allocated on a 'first come, first served' basis.

All students will have the opportunity to experience first class coaching delivered by qualified rugby coaches and PE teachers. The course will be designed to maximise the potential of each child and it will be an excellent opportunity for your son to improve existing rugby skills and make new friends. Boys from years 2, 3, 4, 5, 6, 7, 8 and 9 are welcome. This is also an excellent opportunity to enhance fitness.

## What can your child expect from a typical day?

Skill drill sessions: 1-Kicking 2-Passing 3-Tackling 4-Attacking play 5-Defensive play

Kicking Competition

World Cup Rugby Tournament every afternoon



Your son will be placed in a group that matches his age and skill level. The day will start with registration at **10.00am**. However, students can be dropped off from **9.30am to the Boys changing rooms.** The morning will consist of fun games, coaching, kicking competitions and the skill drill session. No food or drink will be available, therefore a packed lunch and drinks are required. After lunch the World Cup Tournament will commence and be played throughout the afternoon. The day will finish at **2.30pm** and students will be dismissed when a parent or guardian collects them from Warden Park.

### The course will cost £60 per week or £20 per day.

Forms should be returned to Mr Gentry at Warden Park Academy as soon as possible.

I look forward to an excellent week of rugby coaching.

Yours faithfully

J Gentry

J S Gentry PE teacher

Enc





# PROMOTING RUGBY FOR ALL

OCTOBER HALF TERM -Tuesday 29th to Thursday 31st October.	
COURSE DETAILS - 10.00am -2.30pm  Meet in the BOYS' CHANGING ROOMS with kit, including indoor kit.  Waterproof clothing, warm clothes and a change of clothes would be advisable.  Students must have a GUM shield.  Contact – Mr Gentry – 01444 457881 /07900 810738 (jgentry@wardenpark.co.uk)	
PLEASE DETACH AND RETURN TOGETHER WITH PAYMENT  TO MR GENTRY AT WARDEN PARK ACADEMY	
FUTURE DATES - 1st week Easter holidays and Summer holidays 25th-27th Augus	<u>it</u>
I would like to register my son / Daughter for the OCTOBER RUGBY COURSE  Tuesday 29th to Thursday 31st October £60 for the week OR £20 per day	
Please indicate below the days which you require :	
All week  Tuesday 29th October  Wednesday 30th October  Thursday 31st October  Bank Transfer: Santander – 09-01-27 – 10158573 – Reference – Child's surname and Ru*BT must be done before the course	Jg
I enclose a cheque (made payable to Mr Cailes-Gentry) / cash for £	
You will only be contacted if you have been unsuccessful in obtaining a place. If you are unable to make the course or the course is cancelled your child will be placed on the following course, therefore no refunds are available.	
Child(s) Name(s) Year Group	
Parent/Carer Name Contact details – Home	
Current school Contact details – Mobile	
Email address	

**Medical Information:** Please provide details of any recent illness/physical disability /allergies/regular medication (please use page overleaf).

(it is vital we have your email address and a telephone number on which we can contact you at all times)