





PROMOTING CRICKET FOR ALL

December 2020

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Dear Parent/Guardian

I am writing to inform you of an exciting cricket course that will be running during the <u>February Half term</u> at Warden Park Academy, Cuckfield. Mr Alderman will be running the course in conjunction with, Mr Timms and Mr Gentry. Mr Alderman, Mr Timms are both extremely accomplished cricket players and coaches with many years experience. This will be excellent pre-season training for all the boys and girls that attend.

The course will be running during the Half term holidays, **from Thursday 18th to Friday 19th February, 9.45am - 3pm** Students can attend on individual days if they are unable to attend the full 2 days. The course will be extremely popular and there are only **20 places** available. Therefore places will be allocated on a first come, first served basis. All measures will be taken to ensure we meet the current guidelines with regards to Covid-19.

All students will have the opportunity to experience first class coaching delivered by qualified cricket coaches and PE teachers. The course will be designed to maximise the potential of each child and it will be an excellent opportunity for your child to improve existing cricket skills and make new friends. Boys and girls from Years 1, 2, 3, 4, 5, 6, 7, 8 and 9 are welcome.

Video analysis and feedback: batting and bowling technique

Using digital video cameras, pupils will have the opportunity to observe their own batting and bowling technique. This has been shown to be one of the most effective ways of improving cricket performance in young players. Students will see how their technique compares against a perfect model and given feedback on how to improve. The bowling machine will also be used during these net sessions.

Skill drill sessions: 1 - - Spin bowling

2 - Pace bowling

3 - - Fielding

4 - Defensive shots5 - Attacking shots

*PRIZE: PLAYER OF THE WEEK: MOST IMPROVED PLAYER: YOUNG PLAYER OF THE WEEK



Your child will be placed in a group that matches his/her age and skill level. This can be change if required. The day will start with registration at **10.00am**. However children can be dropped off from **9.45am**. The morning will consist of fun games, coaching, bowling competitions and the skill drill session. This will include time spent in the **cricket nets** using the video analysis equipment. No food or drink will be available, therefore packed lunches and drinks are required. After lunch the Cricket World Cup Tournament will commence and be played throughout the afternoon. The day will finish at **3.00pm** and children will be dismissed when a parent or guardian collects them from Warden Park.

The cost of the course is £40 for the 2 days or £20 per day. Places will be limited, therefore first come first served. I look forward to an excellent week of cricket coaching.

To book please use this link. The link will only allow you to book if there are spaces available. Payment must be made at the time of booking. If the course is cancelled your place will transfer to the Easter, May half term or summer course.

BOOK NOW

<u>https://docs.google.com/forms/d/e/1FAIpQLScPR7k8CYhHQ2M9R_89mkvcaokNl5nFXuqInuoRtEz5l</u>dUM0A/viewform?usp=sf_link

Bank Transfer: **Santander** – 09-01-27 – 10158573 – J Cailes-Gentry Reference – Child's surname and CRI

FUTURE DATES

Easter holidays both weeks May half term Summer holidays all 6 weeks full dates TBC

Yours faithfully

J Gentry

J S Gentry PE Teacher

Mr Gentry - 01444 457881 jamesprostarsports@gmail.com

Mr Alderman - 07900810738

Multi Sports



