E-Safety Parenting Workshop



St Wilfrid's Working in Partnership with Parents and Carers



To consider....



- 1. Your 11 year old son tells you he's going to a friend's house to play RuneScape. What is it? What will your response be?
- 2. Your eight year old son wants a mobile phone for Christmas. What do you do?
- 3. Facebook has become your 10 year old daughter's favourite pastime. What might you discuss about this with her?
- 4. You see something on the news about 'digital footprints'. What do you think these are? How do they impact on your child?
- 5. Your nine year old son spends hours each day in his room playing on his games console. During the school breaks he also spends long periods on his games console. What do you think you should do? How much time is too much time?





SMART rules for children

S Safe: Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.

M Meet: Meeting someone you have only been in touch with online can be dangerous. Remember online friends are not real friends, they are strangers, even if you have been talking to them for a long time.

A Accepting: Accepting emails, messages or opening files, images or texts from people you don't know or trust can lead to problems—they may contain viruses or nasty messages!

R Reliable: Someone online might lie about who they are and information on the internet may not be true. Always check information by looking at other websites, in books or with someone who knows. If you like chatting online it's best to only chat to your real world friends and family.

T Tell: Tell a parent, carer or a trusted adult if someone or something, makes you feel uncomfortable or worried or if you or someone you know is being bullied online



- Identified Risks
- 0
- How to address the risks guidance
- Helpful information



Risk 1 - Digital Footprints

- Lives documented online
- CV
- Reputation
- Example employers

Addressing it - Use discussion to encourage forward thinking.



Risk 2 -Internet and Online Friends

- Who can view their content?
- Online friends
- Webcams

Addressing it - Review their friends and followers and learnabout privacy settings. http://www.net-

aware.org.uk/

School's - 'How to Guides.'



Risk 3 -Real friends

- Cyberbullying and trolling
- Sexting
- The Law

Addressing it - Encourage your child to only ever have their real friends as online friends.



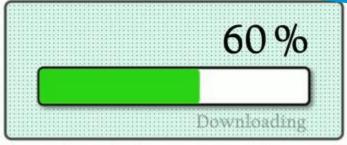
Risk 4 - Exposing Personal Information

- Children unaware
- Age, gender, school, email...

Addressing it - Discuss with your child what personal information is.

Use privacy settings where possible.

Risk 5 - Illegal Downloading



- Copyrighted content
- Copy and Paste
- Homework
- Legal consequences

Addressing it - Remind your child to say where it came from And check before they download anything. http://www.childnet.com/resources/downloading/home/



Risk 6 - Peer Pressure

- Digital peer pressure
- Nominations
- Everyone else is doing it
- Don't want to be left out
- Ice Bucket Challenge

Addressing it - Suggest checking before they share and discuss with your child online peer pressure.





Risk 7 - Inadvertent Purchases

- Advertising and marketing schemes
- In-app purchases

Addressing it - Have a family email address and explore options of turning off or restricting 'In App' Purchases.

Kindle – set up children's accounts.

Helpful tips

Consider if your child's internet device should be in room with them overnight.
Check content of sites
Consider if information is reliable games, apps and social networks
Maintain an open dialogue
Could have a family agreement Protect Personal Information
Look at filtering software
'Think before you post'
Understand the law
Set privacy settings
Save evidence of unkind online behaviour and know where to report it

Want more information?



Helpful information will be appearing regularly in our newsletters.

Digital Parenting Magazine – Vodafone.