

PSHCE Long Term Plan

Vocabulary for Christian values underpinning our learning:

Compassion, courage, creativity, empathy, endurance, forbearance, forgiveness, friendship, generosity, hope, humility, love, justice, patience, peace, perseverance, repentance, respect, reverence, responsibility, self control, service, thankfulness, trust, truthfulness, wisdom

For more ideas look at www.christianvalues4schools.co.uk

Vocabulary associated with British values: respect for each other, tolerance of others' views, democracy, individual liberty, rule of law, (personal identity)

	Aut 1	Aut 2	Spring 1	Spring 2	Summer 1	Summer 2
On -line safety work: Bullying, keeping safe, responsible use, positive benefits of social media and dangers, on line respect						

KEY: red = Seal materials - Blue = BLP Purple = Sex Education curriculum Green = Financial capability and community cohesion elements

Orange - British values

Seal Materials: This is a progressive scheme so the learning objectives develop as the children go through the school. It includes emotional well being, social skills and anti bullying work

Reception Keeping cloakroom tidy	New Beginnings Class routines BLP: Resilient Rhino	Getting on & falling out: Playing and working with others Taking turns & sharing BLP: Resourceful reindeer	Going for goals: Things we can do - self esteem Setting simple goals BLP: Reflective Rabbit	Good to be me Good feelings - Proud of oneself Expressing needs in positive way BLP: Reciprocal Raccoon Querik on-going	Relationships	Changes
	Learning school routines and expectations. Sharing and taking turns. Listening skills All about me - part of the body (Sex Ed Scheme) Growth and change eg toddler - adult. We are all different but special, belonging & diversity of family life.	Say no to bullying Friendship skills Start to identify bullying behaviour Awareness of cultural & religious differences, respect for others	Good to be me Identifying feelings Thinking and acting	Friendship skills How to interact appropriately, making friends, Stop, Think Do skills	Friendship skills Consideration of others, Respect for different needs, views and cultures Financial capability linked to pocket money and maths	Exercise and keeping healthy Changes when we are active Reflection on changes in our families this year as we grow and change

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Year 1	BLP: Resilient Rhino, Resourceful Reindeer, Reflective Rabbit, Reciprocal Raccoon - on going use of language and skills to develop children's independent learning skills					
Keeping cloakroom tidy						
	New Beginnings Being in a class Class rules - right and wrong, fair and unfair Introducing the School council Personal hygiene	Getting on & falling out: Good friends Making up Self contro	Going for goals: Setting goals and problem solving Different ways to learn	Good to be me Feeling proud and helping others to feel proud of themselves	Relationships Important people Helping ourselves without hurting others	Changes Making change happen Transition
	Africa - similarities and differences, global citizenship <ul style="list-style-type: none"> Poverty Similarities and differences to children in HH How people earn money Querk on-going 	Say No to Bullying Know what it is Treating others fairly Friendship skills	Economic well being: Jobs that people do to help build a house	Listening skills Sex Ed: roles in a family cc RE Jesus and his family	Looking after our world Sex Ed - babies and growth, cc baptism	Circle Times

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Year 2	BLP: Resilient Rhino, Resourceful Reindeer, Reflective Rabbit, Reciprocal Raccoon - on going use of language and skills to develop children's independent learning skills					
Playground equipment Playground buddies						
Wks 1 and 2	New Beginnings - Belonging to a class and community Class rules - expectations and privileges Personal hygiene	Getting on & falling out: Different points of view Dealing with anger	Going for goals: Different learning styles Breaking down goals Dealing with frustration	Good to be me Identify things I am good at Dealing with worries or anxiety	Relationships Feeling cared for and loved Feeling alone or rejected Loss - saying goodbye	Changes Habits and changes to routine Change to Juniors Transition
Rest of half term	Rights and responsibilities in Year 2 Keeping safe Money - pocket money/toothfairy money! Keeping safe on the roads Road Safety cc Mrs Armitage (Literacy) and Science	Say no to bullying Tell what bullying is Behaviour is and how it makes others feel Strategies to deal with it	Caring for the environment cc Habitats/Forest Schools	Gender differences, body parts & caring for ourselves cc variation /Sex Ed - scientific names for body parts	Sharing - Rainbow fish Community cohesion work linked to Guided Reading/RE	Circle Times Keeping safe with medicines cc Scienc
		Forest School skills: <ul style="list-style-type: none">Independence and self initiativeCollaborationEnvironmental awareness and carePerseveranceSelf discipline				

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Year 3 Registers	BLP: Resilient, Resourceful, Reflective, Reciprocal - on going learning skills taught through Little Mr and Miss characters. Revise all vocabulary through each year and use strategies to help children develop independent learning skills eg Stuck Board					
-	New Beginnings Starting something new Life in the Juniors	Getting on & falling out: Friendship review Win-win situations Friendship strategies	Going for goals: Me as a learner Personal responsibility in reaching goals	Good to be me Things I have achieved or learned Assertiveness	Relationships Special people Making amends and taking responsibility Hurt feelings and physical hurt	Changes Positive change Change as normal part of life
	Emotional literacy Identify and talk about feelings Self control Health and hazards - teeth, healthy eating, recognising risks in medicine, Visit to Haywards Heath Islamic Centre	Say no to bullying Tell what bullying is Look at role of bystanders and witnesses Cyber bullying PC visit <ul style="list-style-type: none"> Independence and self initiative Collaboration Environmental awareness and care Perseverance Self discipline 	Why people work and different jobs they do Different pay for jobs - fair/unfair?		Friendship skills	Self-esteem What have I achieved this year?

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Year 4 Music lessons Recycling boxes	BLP: Resilient, Resourceful, Reflective, Reciprocal - on going learning skills taught through Little Mr and Miss characters. Revise all vocabulary through each year and use strategies to help children develop independent learning skills eg Stuck Board					
	New Beginnings Class charter Feeling welcome	Getting on & falling out: Friendship qualities Dealing with anger	Relationships <ul style="list-style-type: none"> Special people Loss Remembering people 	Good to be me Things I am good at Disappointment Hiding feelings	Going for goals: Me as a learner Barriers to reaching goals Feelings about goals Perseverance	Changes Unwelcome change and how to deal with it
	British Values - democracy and responsibility linked to class rules	Say no to bullying Role of witnesses Who is involved Reasons to excuse Speaking out Playing fairly	Stereotypes and prejudice Disability Positive images of disability (para Olympics) Overcoming obstacles in life	Circle Times Environmental issues Linked to global and national issues Fairtrade organisations How we can contribute to others economic well being through our choices	Cc Music - clarinet <ul style="list-style-type: none"> working in a group Learning a new skill coping with difficulties when learning a new skill perseverance 	Sex Education: puberty different parenting roles in different cultures, roles and relationships in different cultures Visit to Crawley Mandir

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Year 5	BLP: Resilient, Resourceful, Reflective, Reciprocal - on going learning skills taught through Little Mr and Miss characters. Revise all vocabulary through each year and use strategies to help children develop independent learning skills eg Stuck Board					
Peer mediators						
	New Beginnings Class rules Uncomfortable feelings Resolving conflicts: <ul style="list-style-type: none"> o I messaging, o Conflict Diffusion o Peer mediators 	Getting on & falling out: Levels of friendship Managing conflict	Going for goals: Effective learner role models Helping others reach their goals Applying learning	Good to be me Boastfulness Risk taking Dealing with strong feelings	Relationships Revise puberty RE Body and Soul (Sex Education) Important people around me Feelings - embarrassment Stereotyping	Changes Personal hygiene Common and different responses to change 'sore spots'
	Citizenship, democracy - cc Greeks School systems - school council Local systems - council National and international systems	Say no to bullying Direct and indirect bullying Finding solutions Bullying and the internet	Circle Times	Circle Times	Good choices including: Healthy living - sex education Peer pressure issues Recognising hazards and making positive choices Cc literacy/RE	Economic well being Connection between our learning and the world of work Financial enterprise activity Linked to and theatre production

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Year 6	BLP: Resilient, Resourceful, Reflective, Reciprocal - on going learning skills taught through Little Mr and Miss characters. Revise all vocabulary through each year and use strategies to help children develop independent learning skills eg Stuck Board					
Year 6 helpers						
	New Beginnings Class rules Feelings (scared/excited) and managing feelings	Getting on & falling out: Barriers to friendship and dealing with these Different perspectives	Going for goals: Long term plans and goals Persistence Excuses Consequences	Good to be me Acceptance Anxiety about myself Peer pressure Assertiveness	Relationships Special people Managing loss Supporting others Forgiveness	Changes - Year 6/7 SEAL Transition project
	Safer Cycling Road safety and travel quiz (cycle proficiency)	Say no to bullying: Direct and indirect bullying. Name calling and stereotypes. Why people use bullying behaviour. Consequences of bullying in wider world.	Careers and money Financial capability Develop and use enterprise skills Pathways they might take in future career and financial implications Discussion about pay	Peer Pressure Cc Sex ed understand that actions have consequences for ourselves and others Image: self image, personal hygiene and fitness, the role of the media	Isle of Wight trip: <ul style="list-style-type: none"> People in a different part of GB Responsibility for group funds on trip Costs - what things cost 	Transition visits to secondary school Secondary School Transition Mentors visits to class Self confidence and public speaking through Year 6 production.

Reviewed and updated 2017